

## **Divine Feminine Course with Flora Aube**

### **Recommended Materials**

#### **Substrates**

**You can use any combination of 140 lb watercolor paper, practice panels or canvases for this course. If resources are tight, you can even use cardboard with a couple good layers of gesso. Here's what I am using for demonstrations:**

- Drawing paper – for practice sketches
- 1 – 2 Large sheets of 140 lb watercolor paper
- 2 canvases: A 24x36", plus a 24x48" but you are welcome to use any size.

#### **Sketching tools**

- Inktense or Stabilo pencils – deep grey, blue or black or
- Charcoal

#### **\*\*Gesso**

White - Any brand

#### **Assortment of Golden Acrylic Paints**

**The "Fluids" are recommended, but Heavy body is fine too. I demo with both. I recommend 4 oz. bottles**

**The Basics:** Titanium White, Yellow Ochre, Quinacridone Nickel Azo Gold, Raw Umber

#### **\*A few of my current favorite colors**

\*Alizarin, \*Ultramarine Blue, \*Paynes Grey, \*Dioxazine Purple,

\*Quinacridone Magenta, Indian Yellow Hue, \*Teal, Turquoise, Sap green

#### **\*Mediums**

- Liquitex Slow-Dri Blending Medium (Or Golden Glazing Liquid)
- Liquitex varnish (satin or gloss depending on your preference) for sealing your painting afterwards

#### **Assortment of Brushes**

Minimum recommended: Filbert size 12, Filbert size 4, Small round size 4  
Small Detail brush, 2" Craft sponge brushes

### **Hand Protectant**

'Gloves in a Bottle' (available on amazon.com) or  
Thin latex cleaning gloves from grocery store

### **Optional tools**

- Spatulas
- Palette knife
- Old credit card
- Denatured alcohol (I demo this effect in one of the paintings)

### **Miscellaneous**

- Water jar
- Paper towels
- Baby wipes
- Paper plates or stay-wet palette
- Water spray bottle
- Easel or old chair
- Drop cloth

**\* If you are a brand new to painting , estimated Materials cost is about \$100**